

Elizabeth Addison

Elizabeth Addison is a multi-hyphenate whose work exists at the intersection of recovery and the performing

arts. She has written three musicals inspired by her recovery journey, one of which "Chasing Grace" won best director and best musical at the prestigious SheNYC festival and will be having an Off-Broadway run in 2025. Her following show, "In Between..." premiered at 54 Below last fall and most recently industry reading at Open Jar Studios. Elizabeth is a creative recovery coach and trauma informed group facilitator with The Meghann Perry Group where she facilitates Recovery Storytelling and Intro to Storytelling Through Song workshops.