



Brother Thomas Fellowship Application

Video Submission FAQ

1. Remember to...

- a. Test your lighting and sound beforehand! Record a short clip of you to review before you record your entire application.
- b. Remove anything distracting from camera view. Make sure the focus is on you!
- c. Pace yourself, take breaks, and schedule pauses in your video submission. Give time for your points and perspectives to sink in!
- d. Videos cannot be larger than **2GB per upload**, if your file is larger, you may not be able to upload it.

2. Do...

- a. Breathe. Your video application is your time to tell your story.
- b. Practice what you are going to say in front of a trusted friend, mentor, project partner, roommate, spouse, etc. Once you can present your proposal to someone in person, recording will be easier!
- c. Create an outline or guideline for yourself. You do not have to present your responses exactly as you outline it, but remembering your pathway through answering the questions and having it on hand can be helpful!
- d. Answer the questions in their entirety. You must answer every prompt using the guidelines as consideration as you move through your video submission. If you do not answer the questions, your response(s) may not be eligible!
- e. Save a backup of your video/recording, just in case!